



From: [IRRC](#)
To: [Michelle Elliott](#); [DH, LTCRegs](#)
Cc: [Fiona Cormack](#)
Subject: [External] FW: 4.1 hours of care campaign
Date: Thursday, August 19, 2021 12:21:49 PM

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#3312

From: Jeff Rabish <jsmegkat@comcast.net>
Sent: Thursday, August 19, 2021 12:05 PM
To: IRRC <irrc@irrc.state.pa.us>
Subject: 4.1 hours of care campaign

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Good Morning,

As a daughter of a pa resident in a skilled nursing home in central Pennsylvania, I know the importance of each resident getting 4.1 hours of care giver time. My mother is 91 years young and suffered a fall right before the pandemic began. She fractured her right hip, had surgery, and went from assisted living to skilled care. Then the quarantines hit. We could not be there to hold her hand and urge her to try to walk again. She is now bedbound and has lost control of her bladder and is incontinent. She has been using foley catheters for over a year now. She often waits long periods of time to have her foley catheter changed and many times it is leaking before it gets changed. As a result of this, she now has a skin wound that they are having trouble getting healed. My mother needs more care than she is getting. My mother needs consistent caregivers who are skilled in catheter placement and care.

Currently, my mother's wing of her nursing home is quarantined due to staff exposure to Covid. So, we can not go in and provide any socialization and personal touch. All of our visits must be done by phone or video call. My mother is hard of hearing and the nursing home has misplaced her hearing aids.

Good and plentiful care for residents would not only benefit each residents physical and mental health, but would be beneficial for the residents' families who have quite frankly been tortured by not being able to be there in person for their family member.

Please push for this important increase in care hours for our vulnerable nursing home residents.

Thank you,

Sue Rabish
Gallitzin, PA

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